

# Ríb Lake Elementary December 2019 Newsletter



### MARK YOUR CALENDARS

Dec 19	RLES Elementary program 7 p.m. RLHS gym
Dec 23 - Jan 1	NO SCHOOL
Jan 2	School resumes
Jan 9	School Board Meeting 6:30 p.m.
Jan 16	End of Qtr 2
Jan 17	NO SCHOOL
Jan 20	NO SCHOOL
Jan 24	Family Movie Night 6:30 - 8:00 p.m. RLES
Feb 13	School Board Meeting 6:30 p.m.



## **REMINDER:**

Winter in Wisconsin has arrived! Please send your child(ren) with appropriate clothing for outdoor recesses. School policy is, PreK - 2nd grade students will go outside for recess if the weather is 5 degrees or warmer, 3rd - 5th grade students will go outside for recess if

the weather is 0 degrees or warmer. Please label your student's clothing in case it is misplaced or left behind. It will be easier to identify.

### **Redmen** Gear

If you are interested in getting Redmen Gear, please stop in the Elementary office. We have just received new hoodies, long sleeve t-shirts and long sleeve hooded t-shirts! Some of our other items are still on sale! These make great gifts!



#### Jon Dallmann, Principal



With Christmas fast approaching, we would like to remind you about our online fundraiser that runs year-long. If you plan on doing your shopping online, please go to schoolstore.com (click on the link above). There are all of your favorite stores to shop including Kohl's, Under Armour, Walmart, Sears, Old Navy, and Target! With over 350 nationallyknown online merchants, you are sure to find the perfect gift AND a percentage of your purchase is donated to Rib Lake Elementary!

# Family Movie Nights

Mark your calendars for the following Family Movie Nights sponsored by RLCP.

> January 24th February 21st March 20th

Family Movie Nights will begin at 6:30 p.m. and will be held

### Spreading Kindness with our Book Buddies!

Mrs. Dobbs and Mrs. Miicke teamed up with their classes to deliver coffee, water, hot chocolate and sweet treats to the Elementary staff. The classes learned that gratitude and thankfulness are ACTIVE terms that require kids to participate in some manner. This was a wonderful morning filled with smiles, thank you's, and kindness spread throughout the building.

### **Student Absences**

The cold and flu season is upon us! Sadly, with that, your student may not be able to attend school because he/she is not feeling well. Please remember to call the school at 715.427.5818 and let us know that your child will be out of school for the day, or send a note with them upon their return. Without a note or phone call, your child will be marked unexcused for that day.



# **1st Grade Featured Readers**



From Mrs. Paul's class, Finnley! Finnley has done a fantastic job developing accuracy strategies! He is using closed and open vowels to solve words. Also, Finnley is using picture clues and beginning sounds as well as flip the sounds to solve tricky words. Mrs. Paul excitedly cheered, "Finnley, you are doing an amazing job in reading. Keep stretching your brain!"

From Mr. Blomberg's class, Molli, who is a joy to listen to when she is reading. Her expression makes the story come alive! She pauses appropriately at commas and periods. She makes amazing heart-connections with what she is reading. Mr. Blomberg says, "Her 'beyond the text' understanding blows me away. Molli models, daily, the use of strategies to grow as a reader. Her hard work is helping her become a champion reader!"





From Mr. Blomberg's room, Colton. Colton uses all of the strategies we have learned in his quest to become an amazing reader. He thoroughly and confidently enjoys reading all genres of books. He reads expressively and stretches through the tough words with no trouble. Mr. Blomberg says, "Colton is a hard worker and has dedicated himself to become a champion reader!" Great job, Colton!

From Mrs. Paul's class, Blake! Blake does a fabulous job using accuracy strategies. He has mastered skip the word and come back! He does a great job becoming a detective to look for clues in the sentence to figure out what would make sense and sound right! Also, Blake is working on reading the punctuation and says his words strong and loud when he comes to an exclamation point! Mrs. Paul cheered, "Blake, you are rocking it in first grade. Keep it up!"





# 1st Grade Featured Readers



From Mrs. Paul's class, Jadyn! Jadyn does a fabulous job using accuracy strategies. She has mastered blending across and chunking words. I love watching Jadyn use the word wall to find vowel patterns to help her solve tricky words. Mrs. Paul cheered, "Jadyn, you are rocking it in first grade. Keep it up!"

From Mr. Blomberg's class, Ariah, who worked hard over the summer to build confidence as a reader. When she reads, the listener is drawn in to the story by her amazing expression. She is adding to her strategies to decode words, and makes progress every week. She is learning to love to read. Mr. Blomberg says, "Ariah is gaining skills due to her diligence, her hard work, and her love of stories. I am proud of her efforts. She is a champion reader!"





From Mrs. Paul's class, Brooklyn! Brooklyn has come so far this year. She is doing a fabulous job blending across words, using vowel patters, and chunking. Mrs. Paul shared, "I love how Brooklyn's confidence has grown this year. She recently relayed to me in celebration, "I just love to read, Mrs. Paul...it's my favorite thing to do!" Brooklyn is a great example of persevering and bringing joy to her reading. Keep it up!

From Mr. Blomberg's class, Kroix, who practiced reading a lot over the summer to build confidence. Kroix reads with great expression...it is like a wonderful gift for the ears to hear him. He is learning to apply the strategies we have been working on, as he decodes unknown words. He makes amazing connections to both fiction and non-fiction genres. Mr. Blomberg says, "Kroix desires to be an accomplished reader and is working hard to reach that goal. I am proud of his good effort. He is working like a champion as he strives to be an independent reader!"



# **5TH GRADE CARDBOARD ARCADE**

Team Anderson shared their cardboard arcade games with the elementary students and parents on Friday, December 6th. All had a great time playing the games!















### DON'T LET THE FLU SLOW YOUR FAMILY DOWN. PROTECT YOUR FAMILY AND FRIENDS BY GETTING YOUR FLU SHOT. <u>Misconceptions about Flu Vaccines</u>

### Can a flu vaccine give you the flu?

No, flu vaccines cannot cause flu illness. Flu vaccines given with a needle (i.e., flu shots) are currently made in two ways: the vaccine is made either with a) flu viruses that have been 'inactivated' (killed) and that therefore are not infectious, or b) using only a single gene from a flu virus (as opposed to the full virus) in order to produce an immune response without causing infection.

### Are any of the available flu vaccines recommended over the others?

For the 2019-2020 flu season, the Advisory Committee on Immunization Practices recommends annual influenza (flu) vaccination for everyone 6 months and older with any licensed, influenza vaccine that is appropriate for the recipient's age and health status.

There are many vaccine options to choose from, but the most important thing is for all people 6 months and older to get a flu vaccine every year. If you have questions about which vaccine is best for you, talk to your doctor or other health care professional.

#### Is it better to get the flu than the flu vaccine?

**No.** Flu can be a serious disease, particularly among young children, older adults, and people with certain chronic health conditions, such as asthma, heart disease or diabetes. Any flu infection can carry a risk of serious complications, hospitalization or death, even among otherwise healthy children and adults. Therefore, getting vaccinated is a safer choice than risking illness to obtain immune protection.

### Do I really need a flu vaccine every year?

**Yes.** CDC recommends a yearly flu vaccine for just about everyone 6 months and older, even when the viruses the vaccine protects against have not changed from the previous season. The reason for this is that a person's immune protection from vaccination declines over time, so an annual vaccination is needed to get the "optimal" or best protection against the flu.

#### Why do some people not feel well after getting the seasonal flu vaccine?

Some people report having mild reactions to flu vaccination. The most common side effects from flu shots are soreness, redness, tenderness or swelling where the shot was given. Low-grade fever, headache and muscle aches also may occur. If these reactions occur, they usually begin soon after the shot and last 1-2 days. In randomized, blinded studies, where some people get inactivated flu shots and others get salt-water shots, the only differences in symptoms was increased soreness in the arm and redness at the injection site among people who got the flu shot. There were no differences in terms of body aches, fever, cough, runny nose or sore throat.

### What about people who get a seasonal flu vaccine and still get sick with flu symptoms?

There are several reasons why someone might get flu symptoms, even after they have been vaccinated against flu. 1. Some people can become ill from other respiratory viruses besides flu such as rhinoviruses, which are associated with the semmer could severe similar to flu and also arread and severe illness during the flu associated. The flu associated with

the common cold, cause symptoms similar to flu, and also spread and cause illness during the flu season. The flu vaccine only protects against influenza, not other illnesses.

2. It's possible to be exposed to influenza viruses, which cause the flu, shortly before getting vaccinated or during the two -week period after vaccination that it takes the body to develop immune protection. This exposure may result in a person becoming ill with flu before protection from the vaccine takes effect.

3. People may have been exposed to a flu virus that is very different from the viruses the vaccine is designed to protect against. The ability of a flu vaccine to protect a person depends largely on the similarity or "match" between the viruses selected to make the vaccine and those spreading and causing illness. There are many different flu viruses that spread and cause illness among people.

Finally, the flu vaccine can vary in how well it works and some people who get vaccinated may still get sick.

### If you are still not sure about getting the flu shot, talk to your health care provider.

[Information from the CDC – Centers for Disease Control and Prevention]

